



I visited the old bakehouse today on behalf of the Worthing Society, as part of Worthing's first heritage festival. Mr and Mrs Lawson had opened their home to the public on behalf of West Sussex Archives Society. This was an opportunity to see how people lived in Broadwater in the 1800s, when Broadwater was the main town, and what we now think of as the main town was a fishing village.

This was a chance to learn about the good things and the not so good things about those times. Family was particularly important during this period as they grouped together to run interlinking businesses to the benefit of the whole family and the community. Something from which we can learn. If we and our children know about our heritage, they will hopefully see the need to preserve our legacy.